

Allendale Lifelong Learners

August 2021

Allendale
Charter Township est. 1849

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- Rambling Thoughts
- Just to Warm your heart
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Lord, whatever you're baking outside.. it's done

From the Director's Desk

We have so much going on and I'm so excited to share some upcoming activities that we have planned. Check out page 15 for details.

Art Prize is back and we are going to take a few hours to check out some of the artwork that is on display.

We have an upcoming mystery trip in October that you don't want to miss. This is a great day of fun and memorable sights to see. We are limited to 50, so be sure to call and sign up as soon as you can.

This month may look a little light, but we have some fun things planned. Bunco will be played on the first Wednesday of each month in September, October, November and December.

Stories of the Past is another night that I'm really looking forward to sharing with you. We will gather together at the Allendale Town Hall to share memories of the Allendale Community Park. How did it start? When did it start? And what were some of the first events/activities held at the park? What are your memories of games at the park. A fun night, if you like to hear stories of the past.

Towards the end of the month, we will have our annual Root Beer Float night at our house. If you need the address, give me a call. I like to know how many are going to be there too, so sign up so I can save you a spot. Bring your lawn chairs and a jacket, depending on the weather. I hope you can join us!

Thanks to all of you for your kind words regarding this newsletter. It is something I love to do and take great pride in providing something that is enjoyable and informative to read. As always, until next month...Hugs,

VOLUNTARY DUES—\$20.00 PER PERSON

Once again we are collecting voluntary dues for the Lifelong Learners. These dues go to help pay for some extras throughout the year. Door prizes, cards, newsletters and special events are just some of the things your dues help to cover the cost of.

Dues are \$20.00 per person and can be paid in cash or a check made out to Allendale Lifelong Learners. Typically these dues are collected September through December, but you can pay anytime during the year.

As always, if you have any questions, please give me a call (Kathy, 616-843-0572) Thank you to all who help to keep our group going strong!!

ArtPrize is Back

September 16 - October 3, 2021

The streets, sidewalks, parks, bridges, and buildings of downtown Grand Rapids will once again be overflowing with art this fall, as the world's most-attended public art event returns after a two-year absence.

If you're already an ArtPrize fan, you know that this 18-day celebration of creativity, connection, and community is a one-of-a-kind experience. If you're new to ArtPrize ... well, there really are no words that can prepare you for the joy, inspiration, and excitement that ArtPrize brings. You must see it, feel it, and share it to believe it!



One day you'll look back
and realize that you
worried too much about
things that don't really
matter.

Call Kathy at 616-843-0572 or email khanes@allendale-twp.org
if you would like more information on the Allendale Lifelong Learners
or any of the activities listed in this newsletter.



A Little Bit of this and that...



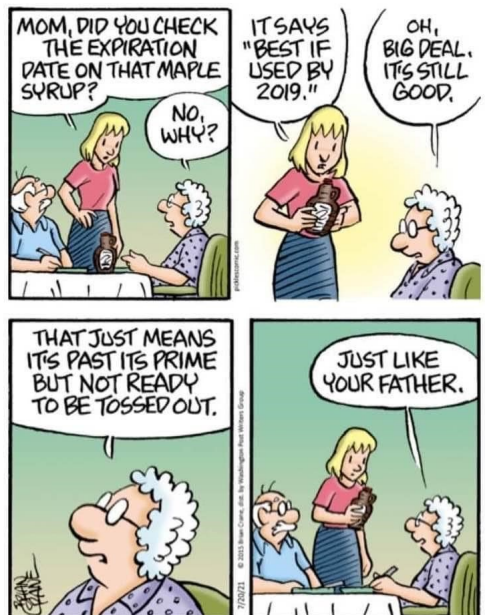
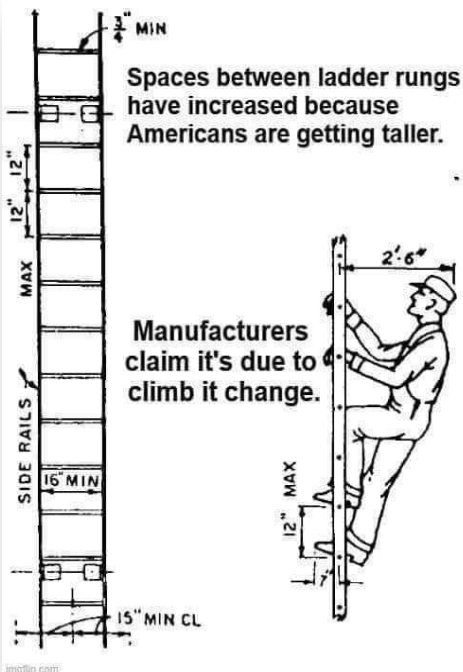
Give me a sense of humor, Lord—Give me the grace to see a joke.
To get some humor out of life and pass it on to other folk!

- A smile is the lighting system of the face, the cooling system of the head, and the heating system of the heart....
- Brain cells die, skin cells die, even hair cells die...But FAT CELLS... must have accepted Jesus Christ as their Lord and Savior because they seem to have eternal life.
- Some days I amaze myself. Other days I look for my phone while I'm holding it!
- I hate people who go to sleep as soon as they close their eyes! It takes me 4 hours, 7 pillow flips, 2 trips to the bathroom and a partridge in the pear tree!
- My mind still thinks I'm 25 years old. My body thinks my mind is an idiot.
- One minute you're young and hip and carefree and the next minute you're photographing vegetables in your garden!
- This kids keep laughing about my memory. They won't be laughing at Christmas when there's no eggs under the tree!
- So if a cow doesn't produce milk, is it a Milk Dud or an Udder Failure?
- By replacing your potato chips with grapefruit as a snack you can lose up to 90% of the joy left in your life.
- Did you know that 1980 and 2021 are as far apart as 1980 and 1939?
- If you notice, 2019 backward is 9102. If you take away the 0 and 2, you'll have 91. It doesn't mean anything, but thanks for reading.
- I paid all my bills for this month. Does anyone know any good recipes with water.
- It's important to lock your car doors especially now. Your friends and neighbors and even strangers will put free Zucchini in your car.
- One minute you're young and fun and the next you're predicting the weather with your bad knee.
- When life hands you lemons, hand them back. You deserve chocolate!
- This generation will never understand what that Sears Roebuck Christmas catalog meant to up 50 years ago!
- I had a happy childhood. My dad used to put me in tires and roll me down hills. Those were good years...
- I have decided to cut back on being sarcastic. I solemnly swear to only be sarcastic on days that begin with 'T' like...Tuesday, Thursday, Today and tomorrow!
- Sister, when you get on that scale, remind yourself that you are wearing the full armor of God and that stuff is heavy!

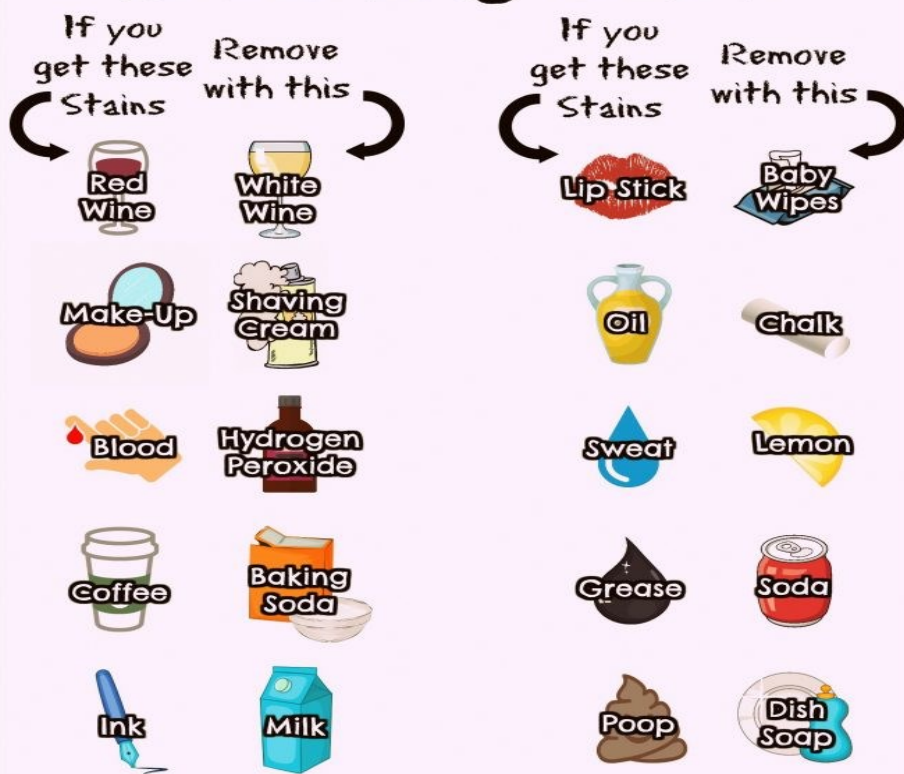


Karl Marx is a historically famous philosopher but no one ever mentions his sister, Onya, the inventor of the starting pistol...

I did some checking on this story about Karl Marx. Onya was Karl's sister in law. She was married to Karl's brother Seth. One day a plot to kill the entire Marx family was exposed and the family had to flee. Karl had to warn the rest of the family. He saw Onya across the courtyard and yelled "Onya Marx, get Seth, go". Just then a shot rang out.



Removing Stains



KitchenFunWithMy3Sons.com

I had a problem with my computer yesterday, so I called Eric, the 11 year old kid next door.

Eric clicked a couple of buttons and solved the problem. As he was walking away, I called after him, "So what was wrong?"

He replied, "It was an ID ten T error."

I didn't want to appear stupid, but nonetheless asked, "An ID ten T error? What's that?"

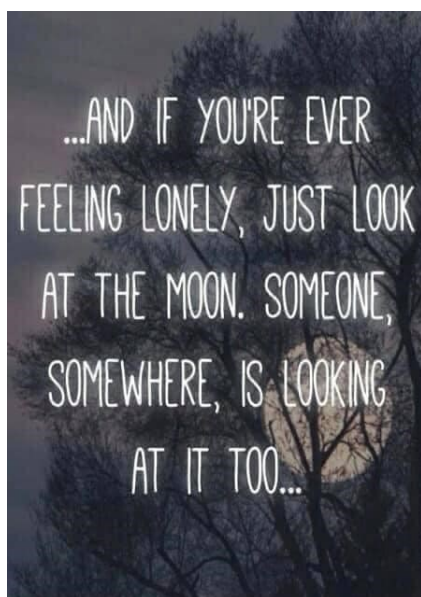
Eric grinned..."Haven't you ever heard of an ID ten T error before?"

"No," I replied.

"Write it down," he said, "and I think you'll figure it out."

So I wrote it down: "ID10T"

I used to like Eric...



The Thatcher Effect.

This illusion highlights a flaw in how our brains work - we can't process an upside-down face because we are programmed to recognize faces the right way up.

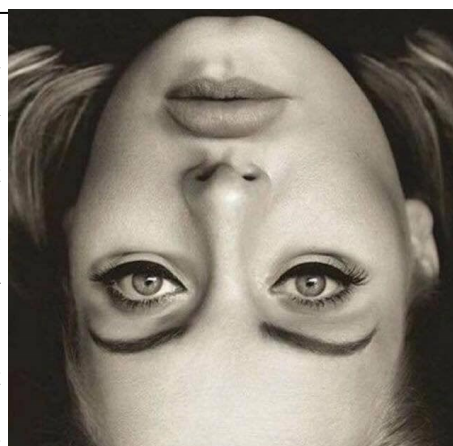
We create a mental map by recognizing the face in pieces - eyes, mouth, and nose.

So when we're presented with an upside-down, Thatcherised image, it's not processed properly.

We know it's upside down, but because we so rarely encounter upside-down faces, we haven't evolved to interpret the expressions on them.

The facial features look fine, so our brains assume the rest of the face is as well.

That's why we don't see anything out of the ordinary until we turn the face the 'right way' up.



Rambling Thoughts

In His wisdom, God decreed that seniors become forgetful so they would have to search for their glasses, keys, cell phones and other things, thus doing more walking. And God looked down and saw that it was good.

Then God saw there was further need. In His wisdom He made seniors lose co-ordination so they would drop things, requiring them to bend, reach, and stretch. And God looked down and saw that it was good.

Then God considered the function of bladders and decided seniors would have additional calls of nature, requiring more trips to the bathroom, thus providing still more exercise. God looked down and saw that it was good.

So if you find, as you age, you are getting up and down more, remember it's God's will. It is all in your best interest even though you mutter under your breath.

Also, Nine Important Facts to Remember as We Grow Older :

1. Death is the number 1 killer in the world.

2. Life is sexually transmitted.

3. Good health is merely the slowest possible rate at which one can die.

4. Men have two motivations: hunger and hanky-panky, and they can't tell them apart. If you see a gleam in his eyes, make him a sandwich.

5. Give a person a fish and you feed them for a day. Teach a person to use the Internet and they won't bother you for weeks, months, maybe years.

6. Health nuts are going to feel stupid someday, lying in the hospital, dying of nothing.

7. All of us could take a lesson from the weather. It pays no attention to criticism.

8. In the '60s, people took LSD to make the world weird. Now the world is weird, and people take Prozac to make it normal.

9. Life is like a jar of jalapeno peppers. What you do today may be a burning issue tomorrow.

Please share this wisdom with others; I need to go to the bathroom.

During a BRUTAL study at Harvard in the 1950s, Dr. Curt Richter placed rats in a pool of water to test how long they could tread water. On average they'd give up and sink after 15 minutes. But right before they gave up due to exhaustion, the researchers would pluck them out, dry them off, let them rest for a few minutes - and put them back in for a second round. Remember - they had just swam until failure only a few short minutes ago...

In this second try - how long do you think they lasted? How long do you think? Another 15 minutes?

10 minutes?

5 minutes?

Not even close.

60 hours!

That's not an error. 60 hours of swimming.

The conclusion drawn was that since the rats BELIEVED that they would eventually be rescued, they could push their bodies way past what they previously thought impossible.

I will leave you with this thought:

If hope can cause exhausted rats to swim for that long, what could a belief in yourself and your abilities, do for you? Remember what you're capable of. Remember why you're here.

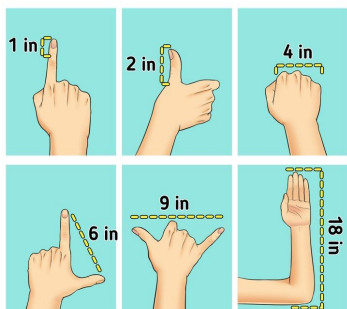
Keep Swimming!

Sometimes you need a quick reference of measurement. This handy guide is fairly accurate and can help out in a pinch. Brings a whole new meaning to the phrase, 'Rule of Thumb!'

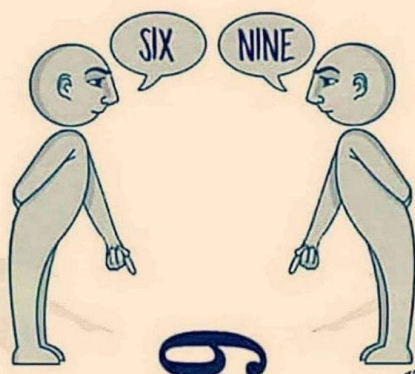
In reality, rule of thumb refers to an approximate method for doing something,

based on practical experience rather than theory.

The things you can learn when you look!



This is one of the realist things I've read...

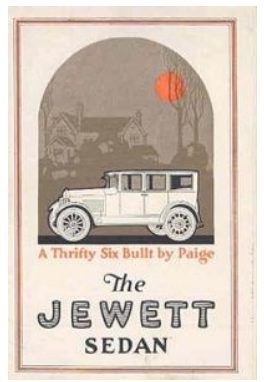


Just because you are right, does not mean, I am wrong. You just haven't seen life from my side.

All Things Michigan...



I was camping and the nice people camping next to me said hi, and we got to talking, I told them I take pics of Michigan, and they asked me if I had been to the “secret bunker”. What secret bunker? And they told me of this concrete bunker in the Rifle River Recreation area off the road near the viewing tower. I have been to the park several times before and have never noticed it. There is a sign on the tower that said the property originally belonged to Harry M. Jewett, but I really did not think much about it, I just figured he was some farmer and had a little cabin or something. Doing some research on the internet I found out all sorts of interesting facts about him and the lodge he built.



Harry Mulford “Hal” Jewett was born in Elmira, NY in 1870 and was a world class athlete for the University of Notre Dame. He was a two-time US National champion and he set the American record for the 220 yard dash in 1891 and in the triple jump in 1890. He also equaled the World Record for the 220-yard dash in 1892. He scored the very first touchdown for Notre Dame Football in a game against the University of Michigan on April 20, 1888, Michigan did win the Game 26-6. (It was said that the Wolverine fans in Ann Arbor were upset that the team was scored on by Notre Dame since It was the first time in over 4 years the team had allowed an opposing team to get a touchdown)

After graduating from college and serving in the Navy during the Spanish-American war he eventually became the president of the Paige Motor Car Company in Detroit. Paige even built a low price model named the Jewett.

In the 20’s Jewett was looking for a place to take his dogs and their trainers to hunt. He fell in love with the area near Lupton and purchased 7000 acres of land, He eventually built an enormous lodge bringing in Finnish “axemen” from the Upper Peninsula to fell and trim the logs for the construction of the lodge. Workers were brought in from the Detroit area, and overcoming difficulties in the rural area, the large two-story log lodge was built with all the modern conveniences, including steam heat, electric lights, a private bath and a large living room featuring a huge fireplace. There was also an observation room on the roof with a spectacular view of the area.

Jewett protected and restored the area for hunting ruffed grouse, partridge, and pheasant and made the area a world-class preserve. He also worked with the U.S. Bureau of Fisheries in stocking the headwaters of the Rifle River with trout, making it one of the best fishing areas in the state. It was reported that Jewett had spent over a quarter of a million dollars on grousehavens lodge and preserve.

When Harry Jewett died of a heart attack suddenly in 1933, his heirs lost interest in Grousehaven and in 1945 it was sold to the state of Michigan for \$75,000, and was used by the Department of Conservation for fish and game research. In 1963 the lands were deeded over to the parks division and the lodge was torn down in 1967 you can still see some of the remains of the lodge near the observation tower.

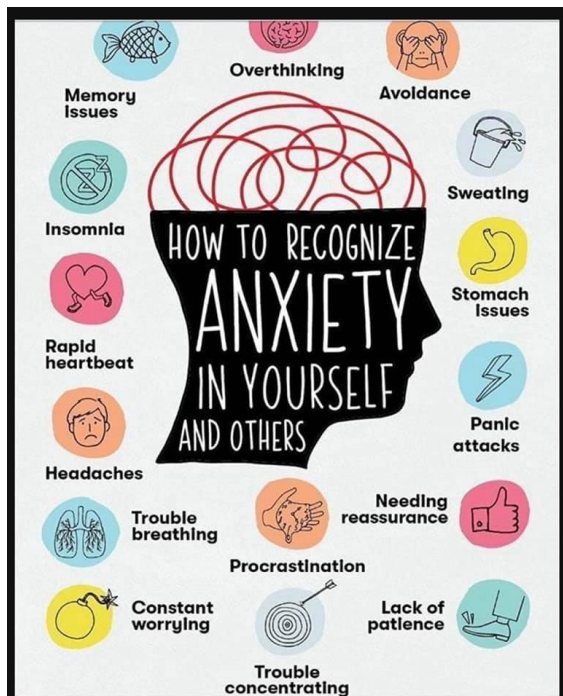


September 2021

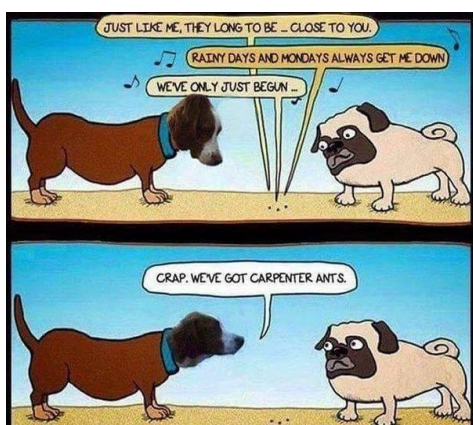
Sun Mon Tue Wed Thu Fri Sat

			1 5:30 PM— Bunco Game Night.	2	3	4
5	6 Labor Day	7 8:30 AM— Breakfast Club at Murphy's.	8 11:30 AM— Lunch Bunch. .	9	10	11 Patriot Day
12 Grandpar- ents Day	13	14	15	16	17	18
19 Talk Like a Pirate Day	20	21	22 12 Noon— Monthly lunch- eon. Meet at Main St. Pub	23 7:00 PM— Stories of the Past	24	25
26	27 6:00 PM— Root Beer Float Night	28	29 10:00 AM to 2:00 PM —Art Prize trip downtown. FREE!	30		

You can text or call and leave a message @ 616.843.0572 or send an email to khanes@allendale-twp.org



"Sorry"
works when a mistake is made, but not when trust is broken. So in life, make mistakes but never break a trust. Because forgiving is easy, but forgetting and trusting again is sometimes impossible.



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WHAT'S HAPPENING

Wednesday, September 1 at 5:30 PM—Bunco and Supper! We are back with Bunco on the first Wednesday of each month! Cost is \$5.00 at the door. Sign up so we know how many to plan for! An easy to learn game that's good fun for all!

8:30 AM—Monday, September 7 at 8:30 AM, Breakfast—Join the group as we gather for breakfast at Murphy's restaurant in Allendale. No more free breakfast, but warm your heart and tummy with good food, good fellowship and hot coffee! No need to call, just show up!

Wednesday, September 8 at 11:30 AM—Meet at **Five de Mayo**, Allendale's newest eatery for some lunch and trivia. Let me know if you can join us!

Thursdays at 11:00 AM—Exercise class!!! Join the group as we meet in the township park, by the blue exercise equipment, for exercise class led by Northern Ivy PT staff and interns. This class will continue into fall. Hope you can join us! FREE!!

Wednesday, September 22 at 12:00 noon—Luncheon at Main St. Pub. We will order off the menu, visit with one another and hand out next month's Newsletters. Let me know if you can join us! Mary Cook from the Allendale Public Library will join us with information on all the library has to offer. I hope you can join us!

Thursday, September 23 at 7:00 PM—Stories of the Past, Join us for a night of reminiscing about the Allendale Community Park. Come with stories to tell or listen to others share their memories. Ice cream social to follow.

Monday, September 27 at 6:00 PM—Root Beer Float Night at the Hanes. We welcome you to our home for some family fun, charcuterie board and Root Beer Floats. We will be both indoors and out, so dress accordingly. Let me know if you need my address! Hope you can join us!

Wednesday, September 29, from 10AM to 2PM—Art Prize. We will travel downtown Grand Rapids by bus and take in the Artwork of Art Prize. Lunch will be on your own as we stroll through the area. This is a free event, but you will need to sign up so we know how many to plan for. This is a 3 star trip—lots of walking! **Call me to sign up!**

You can text or call and leave a message @ 616.843.0572 or send an email to khanes@allendale-twp.org

Coming up...

- **Wednesday, October 20**—Mystery Trip. Sign up for our last mystery trip of the year! This will be a fun day, dress in layers and bring your walking shoes. There will be some walking, but only 2 stops. **Payment of \$40 is due by Wednesday, October 6.**
- **Saturday, December 11**—Day Trip to Middlebury, IN. Lunch at the Essenhaus, plus the play, 'A Very Mary Christmas' are included in the price. Leave at 9AM and return by 6PM. **Cost is \$50.00 per person and due by Wednesday, November 17.** We will visit a local bakery, bulk food store (cash only) and shops at the Essenhaus Complex.

Here is information on area businesses and individuals who provide classes or events for your needs.

- **SNAP FITNESS**—If you are members of a Medicare health plan, you may have access to the SilverSneakers® Fitness Program. Stop in and see for yourself or visit the website www.silversneakers.com/snap/
- **Silver and Fit** is a program that promotes exercise for the healthy, aging population. If interested, reach out to our professional staff at **Northern PT of Allendale at 616-895-4050** to get set up on your individualized programming.
- **PICKLE BALL**—Every Wednesday and Friday from 9:30 to 11:30 at the new and improved Pickle Ball courts in the township park in summer and at Life Stream (6561 Lake Michigan Drive) in winter. Not sure if you like to play? Stop by and check it out. There are many friendly people there to help! Equipment is provided.
- **Walking Fit—Tuesdays at 5:00 PM**—Join Terri, from Northern Ivy Physical Therapy and take a walk outside. Walking Fit is outside which hopefully will be attractive as gets a bit warmer. We walk at The Village Condos so it is safe, away from traffic, flat ground and a good space to visit, yet distance. Join as they go by or meet at Northern PT by 5:00 PM



Just to Warm your Heart...

Dear Ancestor

Your tombstone stands among the rest; Neglected and alone.
The name and date are chiseled out on polished, marbled stone.
It reaches out to all who care, It is too late to mourn.
You did not know that I exist because
you died and I was born.
Yet each of us are cells of you
in flesh, in blood, in bone.
Our blood contracts and beats a pulse
entirely not our own.
Dear Ancestor, the place you filled
one hundred years ago.
Spreads out among the ones you left, who would have loved you so.
I wonder if you lived and loved, I wonder if you knew.
That someday I would find this spot and come to visit you.



**When you want different for yourself, you
have to start moving different. Old keys
don't unlock new doors!**

When a flashlight grows dim or quits working, do you just throw it away? Of course not. You change the batteries. . When a person messes up or finds themselves in a dark place, do you cast them aside? Of course not! You help them change their batteries. Some need AA...attention and affection; some need AAA...attention, affection, and acceptance; some need C....compassion; some need D...direction. And if they still don't seem to shine...simply sit with them quietly and share your light.

**Don't be lazy and make
judgements about people.
Compliment them. Magnify their
strengths, not their weaknesses.
Ask about their stories.
Listen. Be humble. Be open.
Be teachable. Be a good neighbor.
Be extra kind... It's a peaceful
way to live, and beautiful legacy
to leave behind.**

It annoys me when people say,
'Even if you're old, you can be
young at heart!' Hiding inside
this well-meaning phrase is a
deep cultural assumption that
old is bad and young is good.

What's wrong with being
old at heart, I'd like to know?
Wouldn't you like to be loved
by people whose hearts have
practiced loving for a long time?

"May you never be the reason why
someone who loved to sing, doesn't
anymore. Or why someone who dressed so
uniquely, now wears plain clothing. Or why
someone who always spoke so excitedly
about their dreams, is now silent about
them. May you never be the reason
someone gave up on a part of themselves
because you were demotivating, non-
appreciative, hypercritical, or even worse—
sarcastic about it.

**The reason I'm old and wise is
because God protected me
when I was young and stupid.**



I heard my mom asking our neighbor
for some salt. We had salt at home,
so I asked her why she was asking.
She told me, "They don't have much
money and they sometimes ask us for
things. So I asked for something
small that wouldn't burden them. I
want them to feel as if we needed
them too. That way, it will be much
easier for them to ask us for anything
they need."



YOU *are* INVITED

A gathering of Allendale residents, both past and present.

Stories of the Past

Allendale Park—From Then to Now
Thursday, September 23

7:00 PM

Allendale Township Hall

6676 Lake Michigan Drive, Allendale, MI 49401.



Join us as we share stories of the Allendale Township Park. Remember Slow-pitch and Fast-pitch ball? Who remembers an ice skating rink, or horseshoes? How about shuffle board and other gone by the wayside park attractions? Join us as we relive and retell the memories of those days. Community members are invited to share their stories, memories and memorabilia of the past.

Our evening will be followed by an ice cream social. If you have any questions, please call Kathy @ 616-843-0572.

Philosophy of Charles Schultz, creator of "Peanuts"

Don't answer the questions, just read thru them.

Name the 5 wealthiest people.

- 1.Name the last 5 Heisman trophy winners.
- 2.Name the last 5 Miss Americas.
- 3.Name 5 Nobel or Pulitzer prize winners.
- 4.Name the last 5 Oscar winners for best actor/actress
- 5.Name the last 5 World Series winners.

How did you do? The point is nobody remembers yesterday's headliners. These are the best of the best.

Applause dies, Awards tarnish, accolades and prizes are buried with their owners. Here's another quiz.

List a few of your favorite teachers.

- 1.Name your 3 best friends that stick thru thick and thin.
- 2.Name 5 people that have taught you an important lesson.
- 3.Think of a few people that make you feel appreciated.
- 4.Think of 5 people you enjoy spending time with.
- 5.Name half a dozen people whose stories have inspired you.

Easier? The people who make a difference in your life are not the ones with the big names. They are the ones who care. Turn off the TV and turn up the time with those who truly love you.



Books you've never read!

Hypnotism by N. Tranced
Downpour! by Wayne Dwops
Full Moon by Seymour Buns
Sea Birds by Al Batross
I Say So! by Frank O. Pinion
Tug of War by Paul Hard
Surprised! by Omar Gosh
Beekeeping by A. P. Arry
Good Works by Ben Evolent
Golly Gosh! by G. Whiz
It's Magic! by Sven Gali
April Fool! by Sue Prize
Come on in! by Doris Open
Parachuting by Hugo First
Get Moving! by Sheik Aleg
I Like Fish by Ann Chovie
Leo Tolstoy by Warren Peace



Spot the Difference?

maybank2u.com is not the same as
maybank2u.com

citibank.com is not the same as
citibank.com

(the first one is correct, the second one is from hackers)

The "a" in the later url is a cyrillic alphabet.

An average internet user can easily fall for this. Be careful for every mail requiring you to click on a link.

Please Stay Alert

THE REST OF THE STORY...

I believe in the rest of the story. I believe there's still ink in the pen.... and someday all that's hazy through a clouded glass will be clear at last.

We rarely get a chance to see another country's editorial about the USA. Read this excerpt from a Romanian Newspaper. The article was written by Mr. Cornel Nistorescu and published under the title 'C'ntarea Americii, meaning 'Ode To America') in the Romanian newspaper Evenimentul zilei 'The Daily Event' or 'News of the Day'.

~An Ode to America~

Why are Americans so united? They would not resemble one another even if you painted them all one color! They speak all the languages of the world and form an astonishing mixture of civilizations and religious beliefs.

On 9/11/01, the American tragedy turned three hundred million people into a hand put on the heart. Nobody rushed to accuse the White House, the Army, or the Secret Service that they are only a bunch of losers. Nobody rushed to empty their bank accounts. Nobody rushed out onto the streets nearby to gape about.

Instead the Americans volunteered to donate blood and to give a helping hand.

After the first moments of panic, they raised their flag over the smoking ruins, putting on T-shirts, caps and ties in the colors of the national flag. They placed flags on buildings and cars as if in every place and on every car a government official or the president was passing. On every occasion, they started singing: 'God Bless America' !

I watched the live broadcast and rerun after rerun for hours listening to the story of the guy who went down one hundred floors with a woman in a wheelchair without knowing who she was, or of the Californian hockey player, who gave his life fighting with the terrorists and prevented the plane from hitting a target that could have killed other hundreds or thousands of people.

How on earth were they able to respond united as one human being? Imperceptibly, with every word and musical note, the memory of some turned into a modern myth of tragic heroes. And with every phone call, millions and millions of dollars were put into collection aimed at rewarding not a man or a family, but a spirit, which no money can buy. What on earth unites the Americans in such a way? Their land? Their history? Their economic Power? Money? I tried for hours to find an answer, humming songs and murmuring phrases with the risk of sounding commonplace, I thought things over, I reached but only one conclusion... Only freedom can work such miracles.

It took a person on the outside - looking in - to see what we take for granted ! GOD BLESS AMERICA !!!



Gillian is a seven-year-old girl who cannot sit in school. She continually gets up, gets distracted, flies with thoughts, and doesn't follow lessons. Her teachers worry about her, punish her, scold her, reward the few times that she is attentive, but nothing. Gillian does not know how to sit and cannot be attentive.

When she comes home, her mother punishes her too. So not only does she Gillian have bad grades and punishment at school, but she also suffers from them at home.

One day, Gillian's mother is called to school. The lady, sad as someone waiting for bad news, takes her hand and goes to the interview room. The teachers speak of illness, of an obvious disorder. Maybe it's hyperactivity or maybe she needs a medication.

During the interview an old teacher arrives who knows the little girl. He asks all the adults, mother and colleagues, to follow him into an adjoining room from where she can still be seen. As he leaves, he tells Gillian that they will be back soon and turns on an old radio with music.

As the girl is alone in the room, she immediately gets up and begins to move up and down chasing the music in the air with her feet and her heart. The teacher smiles as the colleagues and the mother look at him between confusion and compassion, as is often done with the old. So he says:

"See? Gillian is not sick, Gillian is a dancer!"

He recommends that her mother take her to a dance class and that her colleagues make her dance from time to time. She attends her first lesson and when she gets home she tells her mother:

"Everyone is like me, no one can sit there!"

In 1981, after a career as a dancer, opening her own dance academy and receiving international recognition for her art, Gillian Lynne became the choreographer of the musical "Cats."

Hopefully all "different" children find adults capable of welcoming them for who they are and not for what they lack.

Long live the differences, the little black sheep and the misunderstood. They are the ones who create beauty in this world.

