

6676 Lake Michigan Drive

Allendale Lifelong Learners

Allendale, MI 4940 i









This newsletter is a service of the Allendale Charter Township Senior Citizens organization. If you know somebody who would benefit from the information included in this newsletter, please contact Natasha Shepard at 616-202-1547 or email her at Natashashepard@allendale-twp.org

# April 2024

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We are looking for some donations to add supplies to have on hand as we grow our program. Here are some wants and needs. Every donated item from this list frees money we can put toward our senior services. Thank you to those who donate already! We sure do appreciate you!

- ⇒ Decaf/Regular Coffee/Tea
- ⇒ Coffee Creamer
- ⇒ Packaged Snacks/Goodies
- ⇒ Styrofoam Coffee Cups
- ⇒ Paper plates
- ⇒ Plastic spoons, forks and knives



# Each month I will put fun facts for the month!!





## Fun Facts for April

- \*The April gemstone is the diamond \*The April flower is the Sweet Pea
- \*The name "April" is thought to come from the Latin word "aperire" which means "to open" signifying the beginning of Spring
- \*The arrival of the Cuckoo bird signifies that Spring is here — the bird will sing from approximately April 14<sup>th</sup> — April 24<sup>th</sup> every year
- \*The first Sunday of April was formerly known as "Daffodil Sunday" because in Victorian times, people would pick daffodils from their gardens to take to the sick in hospitals
- \*Famous fairy tale author Hans Christian Anderson was born on April 2<sup>nd</sup>
- \*Queen Elizabeth II was born on April 21st

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GVSU upcoming concerts and programs. Not a group GRAND VALLEY event, but some of you may want to check these out.

STATE UNIVERSITY. These are free, open to the public and held at the Louis Armstrong Theatre on campus. For details or more information, go to gvsu.edu/events/index.htm

#### PUBLIC SERVICE ANNOUNCEMENTS:

When paying for an activity with the group, please make your checks out to Allendale Charter Township. One check can be written to cover several payments, but please note that on the memo line. Thank you!

Please note that if Allendale Public Schools are closed due to weather conditions, all Lifelong Learners events scheduled for that day will also be cancelled.

Here is information on area businesses and individuals who provide classes or events for your needs.

- <u>SNAP FITNESS</u>—If you are members of a Medicare health plan, you may have access to the SilverSneakers® Fitness Program. Stop in and see for yourself or visit the website www.silversneakers.com/snap/
- <u>Silver and Fit</u> is a program that promotes exercise for the healthy, aging population. If interested, reach out to the professional staff at IVY Rehab of Allendale at 616-895-4050 to get set up on your individualized program.



#### Community/Volunteer Opportunities

- <u>Ripple Effect</u>—6561 Lake Michigan Drive. If you are interested in helping, please stop by and let them know.
- Love INC—Volunteers are needed to work in their "New to You" store or in the office. Contact them directly at 895-5629 for more information or email—info@allendalelove.org
- Allendale American Legion—Meets on the second Monday of the month at Life Stream Church. Door A, Room 119. Sea, air, and land stories are told at 6:30 pm, meeting at 7:00pm. If you are a Veteran, come by and check us out.
- Engine House #5—Docents who have a passion for sharing history are needed! Contact Jeff Blum, at 616.304.1084 or jblum@wcgrp.com for details.
- <u>Allendale Public Library</u>—Become a friend of the Library and find ways to give back to our community. Contact Abby @, 616-895-4178.
- <u>Allendale Public Schools</u>—Contact Kari Weirsma for opportunities to volunteer in our local schools. Call her at 616-892-3458.

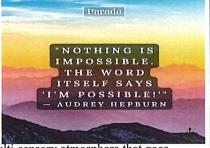
## From the director's desk...

#### Welcome to April!!

A couple of exciting events starting this month!

Supper Club will start up again April 4th, meet at Stable Inn at 4:30/5pm for fellowship and dinner.

How Exciting that we have made it our first Day Trip month!? Our first trip will be to the



Kalamazoo Air Zoo. It is a highly charged, multi-sensory atmosphere that goes beyond anything you have ever seen. It features more than 100 rare and historic air and space artifacts, amusement park-style rides, Full-Motion Flight Simulators, newly renovated Quonset hut-style Missions Theater, as well as historical exhibits and educational activities. We will be having lunch there as well. We will be making a stop to the Curley Cone for ice cream along with being able to purchase baked goods!!It is \$50/ person. I hope to see many of you join as we get to explore together.

A new event that has been a hit has become it's own event this month...Cornhole!! Never played? Great, come watch, learn and join the newest rave! Not interested in playing? That's fine, we will surely keep you entertained. Snacks and beverages are provided. But I can confidently say you will want to join! Be prepared for the hootin and hollering;)

Knitting and card games will be moved to the Township as all other events are there as well and to maintain consistency. Card games day will be an "open" card game(s) day so there are options.

Last but not least, I hope you will join our Ice Cream Social April 29th at 1:30pm here at the Township. Please bring \$5 as donation. If the weather is nice we will be at the covered pavilion!

I am on Spring Break March 29-April 7th

Call or text Tasha 616-202-1547 or email natashashepard@allendale-twp.org
For information on the Allendale Lifelong Learners or to sign up for any of the activities listed in this newsletter.





Are you looking for some extra trips? Suitcase Dreams is an affordable option that we have booked with and enjoyed. Visit their website at: <a href="https://www.suitcasedreams.com">www.suitcasedreams.com</a>. Or call Julie at 231-519-1389. You can also email her at suitcasedreamstravel@gmail.com. I would encourage you to check them out—mention you're with the Lifelong Learners too!

There are overnight trips to Savannah, GA, Washington, DC, beautiful

Maine. You deal directly with Suitcase Dreams for booking these trips, and I highly recommend them! Paper copy infor-

mation will be available at luncheons or I can email them to you also.

# • A Little Bit of this and that... •

Give me a sense of humor, Lord—Give me the grace to see a joke. To get some humor out of life and pass it on to other folk!

- 1. "Old age is always fifteen years older than I am." Oliver Wendell Holmes
- 2. "Old age is like everything else. To make a success of it, you've got to start young." Theodore Roosevelt
- 3. "You can't help getting older, but you don't have to get old." George Burns
- 4. "You are only young once, but you can stay immature indefinitely."Ogden Nash
- 5. "Birthdays are good for you. Statistics show that the people who have the most live the longest." Larry Lorenzoni
- 6. "I don't feel old. I don't feel anything until noon. Then it's time for my nap." Bob Hope
- 7. "If I had known I was going to live this long, I'd have taken better care of myself." Unknown
- 8. "I'm very pleased to be here. Let's face it, at my age I'm very pleased to be anywhere." George Burns
- 9. "People ask me what I'd most appreciate getting for my eightyseventh birthday. I tell them, a paternity suit." - George Burns
- 10. "How old would you be if you didn't know how old you was?" Satchel Paige
- 11. "The really frightening thing about middle age is that you know you'll grow out of it." Doris Day
- 12. "By the time you're 80 years old you've learned everything. You only have to remember it." George Burns
- 13. "You don't stop laughing when you grow old. You grow old when you stop laughing." George Bernard Shaw
- 14. "Aging seems to be the only available way to live a long life." Kitty O' Neill Collins
- 15. "You can live to be a hundred if you give up all things that make you want to live to be a hundred." Woody Allen



"All you need is love. But a little chocolate now and then doesn't hurt."

CHARLES M. SCHULZ



"As you get older, three things happen. The first is your memory goes, and I can't remember the other two." — Norman Wisdom

Senior Citizen Golden Age Pass—If you are 60 years or older and would like FREE admission to all school sponsored activities and sporting events, stop by the Allendale Public School District office, 10505 Learning Lane. These are free to residents over 60 that live in the school district. Passes can-not be used for play-off events and some Theatre performances, but will get you free admission to regular season games and activities.

Monday, April 1 at 8:30am- Join us for breakfast at Murphy's for good food and good conversation.

<u>Thursday, April 4 at 5pm-</u> Meet at Stable Inn for fellowship and dinner.

Monday, April 8 at 1:30pm- Park and meet us at the Historical Museum, Knowlton House, located at the entrance to the Allendale park off 68th. We will take a tour and learn some Allendale history.

<u>Tuesday, April 9 at 1pm-</u> Open card games day at the Township! (water, juice, tea, and snacks provided)

Wednesday, April 10 at 12pm- Bring a dish to pass or pay \$5 and bring a prize for bingo!

<u>Friday, April 12 at 1pm-</u> Join us at the Library to watch "Playing with Fire" (popcorn & water provided)

Wednesday, April 17- Join us for our first DAY TRIP of the year! We will be going to the Air Zoo Aerospace for a tour and lunch. After we will stop at Curley Cone for ice cream and baked goodies!! (leaving township park at 9am) (\$50/person) Sign up and pay by April 8

Friday, April 19 at 1pm- Come play Cornhole in the Township Auditorium! Never played? Come learn, laugh, and see what all the fun is about! Will start tournaments with enough interest. (snacks & beverages provided)

<u>Tuesday, April 23 at 1pm-</u> Knitting at the Township Auditorium. (lets start a new project to donate together)

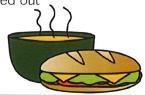
Wednesday, April 24 at 12pm- Lunch & Learn at Main St. Pub

<u>**rriday, April 26 at 1pm-**</u> Bring \$5 and join us for Bunco at the Township

Monday, April 29 at 1:30pm- Ice Cream Social in the Township Auditorium! If the weather is nice lets have it at the park pavilion!

### **Reminders:**

- Join the Leadership Team! We can only make this program it's best TOGETHER! First Wednesday of the month at 12pm, we will meet at a restaurant in town.
- Newsletters are no longer being mailed out
- No member fees





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You drop something when you're young, you just pick it up and move on.
Now I drop something and stand there for a while contemplating if I really need it anymore.

@kellyjoneil

# April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Breakfast @ Murphys 8:30am	2	3	4 Supper Club @ Stable Inn 5:00pm	5	6
7	8 Historical Society Tour @ Knowlton House 1:30pm	Card Games @ Township 1-3pm	10 Potluck & Bingo @ Township 12pm \$5	11 Excerise Class @ Love Inc 11am	12 Movie @ Library 1pm (Playing with Fire)	13
14	15	16	DAY TRIP!! 9-3pm	Excerise Class @ Love Inc 11am	Cornhole @ Township 1-3pm	20
21	22	23 Knitting @ Township 1-3pm	24 Lunch & Learn @ Main St. Pub 12pm	Exercise Class @ Love Inc 11am	26 Bunco @ Township 1-3pm \$5	27
28	Ice Cream Social  @ Township 1:30pm \$5	30				

"By the time you're 80 years old you've learned everything. You only have to remember it." – George Burns

Thursdays at 11:00 AM—Exercise class!!! Join the group as we meet in the Love INC building, located at 6631 Lake Michigan Drive . Get fit and have fun! Woohoo!

<u>Lifelong Learners Leadership Team Meeting:</u>
The first Wednesday of each month at 12:00PM at restaurant of choice.